

# New Dawn, Inc.

2nd Quarter 2016

Editor: Kristin Tonsager

## INSIDE—

- Work Anniversaries
- Employee Booster
- NDI's Worthington Sites
- Throw Back Thursday—Pictures from the past
- NDI Summer Picnic
- Spring Fling—2016
- Favorite View of the Day—by Stacy Grube
- “Kindness” - submitted by Ruth Bierma
- Out-and-About pg. 1



Picture from NDI Summer Picnic—June 2016

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## Welcome to New Dawn's Life Styles newsletter

In this issue we have pictures of our NDI Summer Family Picnic, the May Spring Fling held in Fulda, and a look at Clary Street in Worthington. We had pictures sent in for the Throwback Thursday. We continue learning, improving and provide training and tools to our staff for the betterment of the individuals we serve. **THEY** are our MAIN priority.

Kristin Tonsager



These young men went to the Wednesday night City Band Concert At Chatuaqua Park in June to listen To the great music. They enjoyed The evening together and said they Would go again.

L to R: Duane B, Eric S,



### HILLCREST

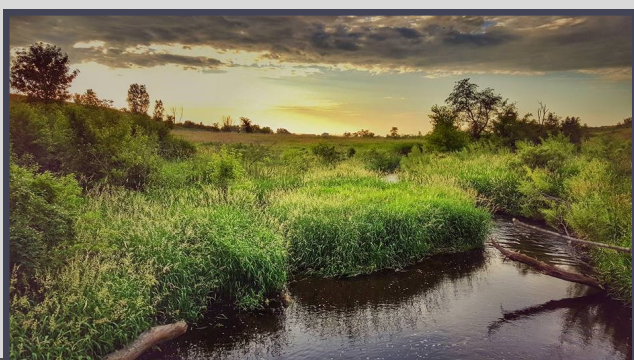
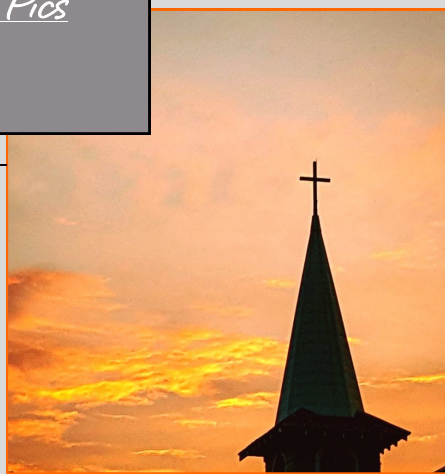
Top Left picture:  
Rhonda H enjoys a warm summer day running through a backyard sprinkler.

Bottom Left picture:  
The Hillcrest ladies had a "Hillcrest Bash" in June and invited some family and friends to attend. Pictured L-R: Toni G's 2 Aunts, Veronica B, Steven J, Rhonda H, Nilakone D. and Toni G.

### "Favorite View of the Day" Pics

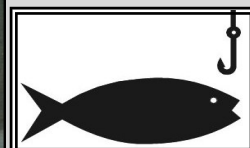
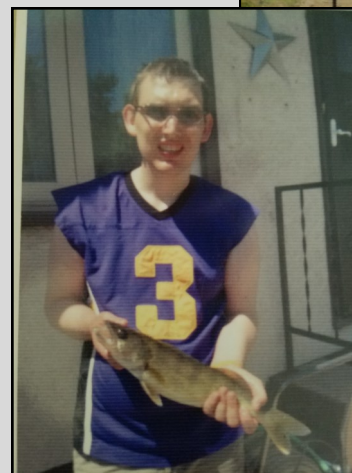
*by Stacy Grube*

These are some of Stacy's Favorite View of the Day photos she has taken recently. Keep your camera lens clicking Stacy—we love your pictures.



### David R—East Ave.

David caught these fish while fishing in his top-secret fishing spots round Wgtn in June.



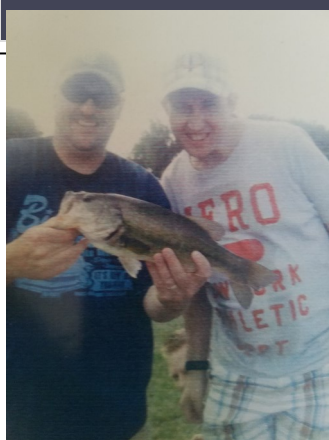
A big  
FISH Story...



# Throwback thursday

If you have photos of staff or consumers from years gone by, send them to Kristin at Clary Street to be put into one of the quarterly newsletters.

Everyone enjoys looking back at old photos, don't they?



Eric and Troy R Fishing



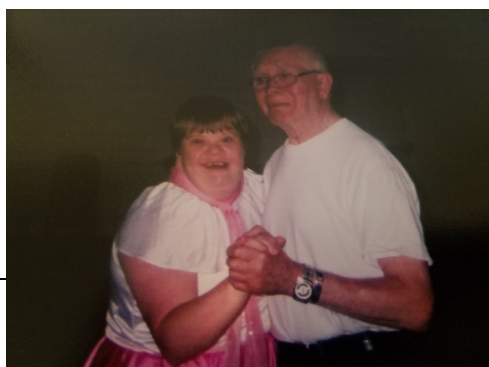
Michael W



Left:  
Duane B.,  
Joel K. &  
Matt B.



Troy R and Ray H



Rhonda & Joey—2007



Front LtoR: Veronica B & Steve J  
Back LtoR: Marvin T & Ocke D



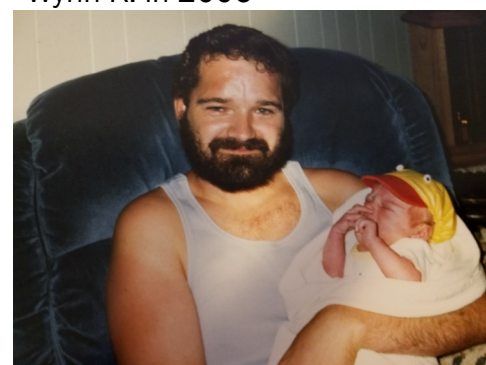
LtoR: Marvin T, Veronica B, Steve J  
Wynn K. in 2006



Veronica, Rhonda & Nilakone—Oct. '07



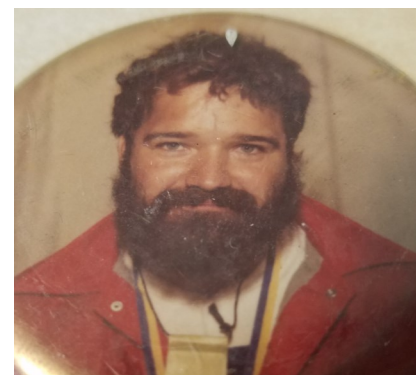
Marvin T & Veronica B -Dec. '03



Steve J- July 1988 Holding Chris



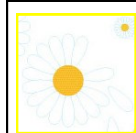
Nilakone and Toni Ballgame Aug. 2008



Steve J — 1980's ?



# Kindness by: Chuck Wall, Ph.D.



“Today I will commit one random act of senseless KINDNESS—WILL YOU?”

The year was 1993 and my classes in the Business Department at Bakersfield College were going along quite well, except, I was getting a bit bored with my outside assignments. Something different was called for immediately. A morning radio newscaster gave me the break I was looking for when he announced another random act of senseless violence. That was one violence more than I could take, so without further thought I merely plucked the word “Violence” out of that well-known negative phrase and inserted the word “kindness,” and without my knowing it an international movement was launched.

The outside assignment for my Human Relations students was to go out into our community and “commit one random act of senseless kindness,” write up your kind act and analyze your experience as well as that of the recipient. What made this assignment so successful was the sincere personal interest shown by the students. Their acts of kindness and written and verbal experiences brought this idea to life.

Fifteen years later the idea continues to grow and now has a life of its own. From a single web site in 1993 to dozens if not hundreds today the idea of committing acts of kindness has become part of our culture. When I spoke at the request of the Prime Minister of Singapore a few years ago, I was informed that some 12 nations had adopted the concept of kindness as part of their humanitarian program. I have given hundreds of speeches all over our nation and some 350 radio and television interviews to say nothing of the hundreds of newspaper and magazine articles that have been generated. Many of these historical records are now housed in our Bakersfield College Archives in a manner far more sophisticated than anything I could ever have dreamed of developing. As new books, articles and interviews arrive: they are skillfully added to the growing collection including the actual Olympic Torch I carried as it made its way to the 2002 Olympics in Salt Lake City, Utah.

Today, in addition to continuing motivational speaking, I am concentrating my efforts on creating kindness clubs in our local high schools. We now have four very successful clubs at Bakersfield High School, Stockdale, East, and Frontier. I expect several more to be added in the coming academic year. This has been quite a ride and I still enjoy every minute of it because there are no negative down sides to kindness. As the years go by, and the concept of kindness continues to expand, it will not be long until its origins will be lost to history. When that happens I know I did something useful that will live long after me. Such a future is what I wish.

**KINDNESS DEFINED AND/OR EXPLAINED.** An act that positively influences the life of both the giver and the receiver is a kindness. It doesn't have to cost money or be difficult to perform. It can be spontaneous (random) or premeditated. It can be as simple as a smile or a thank you, and as complicated as starting a non-profit organization to benefit those in need.

Kindness has four working parts: dignity, respect, compassion, and humility. If you have all of these things for yourself, then you will be able to share them with others. If we reach out with dignity, respect, compassion, and humility, we are likely to feel it being returned.

Actively seeking out opportunities to assist others will naturally bring a certain amount of warmth and feeling of self-worth to each of us. It feels good to help others and others feel good knowing someone wants them to help.

“Considerate” and “helpful” are words often used to describe a kind deed.

Kindness is what you define it as, rather than what someone else thinks you should believe it is.

I suggest all people actively attempts to live by my phrase, “Today I will commit one random act of senseless kindness. Will You?”



**New Dawn has started a Quality Improvement Plan for staff members who complete all required documentation for persons served for a quarter without prompts or reminders from supervisors.**

**Anyone who completes all documentation for a quarter is eligible for a \$25 gift card. If more than one person in a house completes all documentation then a drawing would be held as there is one gift card per house per quarter.**

**The goal is to increase the number of staff completing all documentation per quarter.**

**Winner's are from April, May & June 2016: Melissa Walton, Sarah Joens, Heather Kleve, Phil Willardson, Angela Nelson & Troy Nasers.**



### **STAFF ANNIVERSARIES**

Staff from April, May & June are recognized in this issue.

#### **~Deb Fuller - 39 Years of Service to NDI ~**

**Thanks for your 39 yrs. of dedicated service to NDI**

**Your commitment is applauded by whom you have served  
and the lives you have changed.**

#### **6-10 YEARS**

Keith Stowe	Kathy Strehle
Lindsey Busch	Troy Nasers
Heather Kleve	Joshua Wasmund
Linda Moore	Ronald Hyvari
Jo Erwin	Sherry Schwarz
Julie Thom	Sara Boltjes
Lorinda West	
Robert Carstensen	

#### **1-5 YEARS**

Reva Johnson—1 yr.  
Missy Reed—1 yr  
Patricia FLanigan—2 yrs.  
Paula Wagley—2 yrs  
Melissa Xanaxay—4 yrs  
Alvin Thompson—5 yrs

#### **11-15 YEARS**

Melissa Olsem—11 yrs  
Sharon Bauman—12 yrs  
Erin Johnson - 12 yrs

#### **NEW STAFF**

Paige Kinley  
Sammie Sayaphet  
Sabra Petersen  
Karla Mendez  
Sengdeane Soumetho  
Paige Leshner  
Angela Ensrud



# NDI's 9 Worthington Sites



North Douglas



Summit Ave.



Clary Street



Linda Lane



Hillcrest



Burlington



Dorathea



Johnson



East Ave.

***Our 9 Worthington sites are beautiful homes and in several neighborhoods around Worthington. NDI has always done an excellent job with repairs and updates, giving the individuals we work with the best a HOME can offer. Check back next quarter to view the 4 NDI Fulda sites.***

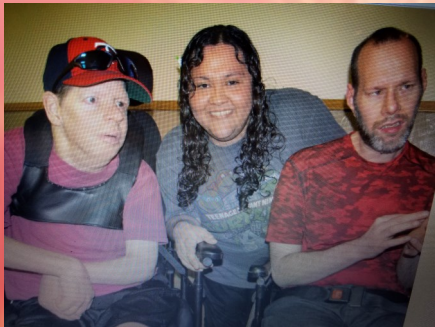


# NDI SPRING FLING - 2016

*A night of dancing, laughing and memories made at the Legion in Fulda, MN at this year's Spring Fling.. Attendee's are from NDI, H.S.I., CCSI, and others around the area..*



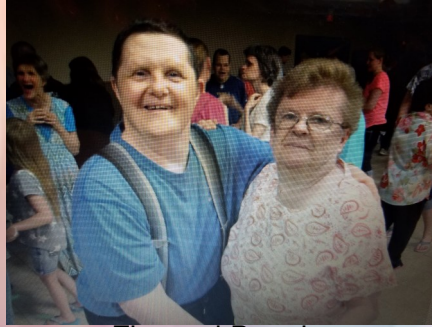
Melissa and George



Brenda



Nilakone, Michael, George



Tim and Bonnie



Ray and Steve



LuAnn & Alvin



Amy and others



Thanks to all those that came to this year's Spring Fling—You are the ones that make it a success!

A special thanks to those that did all the behind the scenes work, set up, prep, etc. to make this event possible.



Cindy, Nilakone and Pat



Dance, Dance, Dance



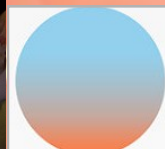
Nilakone and George



Smiles-All-Around



Chuck and Mark





NDI 2016 SUMMER PICNIC WAS HELD AT CENTENNIAL PARK ON JUNE 23, 2016. THANKS TO ALL THAT ATTENDED— YOU MADE IT MEMORABLE!



Top: Jason P, Toni G, Chuck M, Shaun R and Jackie Meier playing water game.

Bottom: Fannie playing the Noodle game.



Top Left: Maddie Schmidt (volunteer) and Mary B playing bowling.

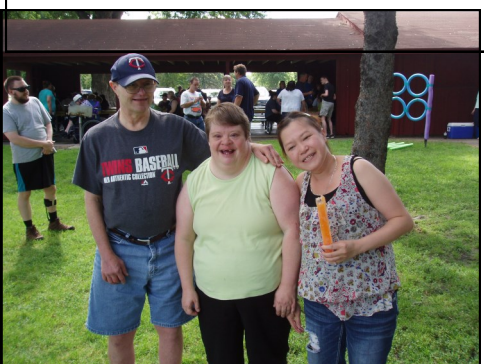
Bottom Left: Jo Erwin, Duane B, Molly Gonzalez and Rhonda H playing Tic-Tac-Toe.

Above: Curt J, Katie, Fannie, Ashley, Kayla and Patricia chit-chatting.



Top: Curt J & George D at the water game.

Below: Duane B, Rhonda H & Nilkone D.



Top left: Brenda Schweigert, Patty B, Pauline A and Brandy Church.

Bottom left: Sheena Eidhammer and Nilkone D.

Top right: Rhonda H.

Bottom right: Shaun R.





## THE MOST POPULAR GAME OF THE NIGHT



Top: Andrew T, staff and Dalton

Bottom: Steve J and Ray H



Above: Eric S and Bob J.

Below: Dalton & Amy T



Individuals, family members and staff seemed to enjoy this popular water game trying to push empty milk jugs or pop cans off the table using a simple water toy. Fun times with friends and family...



Above: Amy T and her father Randy.

Right: LuAnn and her brother.

Below: Veronica B and her mother Dorothy and sister Celeste

## Family



Left: Steve J and his sister Jennifer Luettel (beside Steve) and her husband & 2 kids Laura and Lance Jonas and sister Karen S (far rights).

Above: Matt B and father Lloyd Berger

Below: Lois E and her family



Left: Curt J ,  
brother and  
sister-in-law





New Dawn, Inc.  
101 S. Baltimore  
Fulda, MN 56131

## Upcoming Events.....

Aug. 31, 2016—National Dog Day - Treat your loving dog with a treat or a simple hug letting them know how much they are “loved” today.

September 5, 2016—Labor Day

September 16 & 17, 2016—Turkey Day - Exciting things are happening this year! All King Turkey Day events will be held in Downtown Worthington! You will not want to miss this year's festival that will include a Midway, Monster Screen Movie, Food Vendors, Beer Garden, BBQ Cook-Off, Great Gobbler Gallop, Grand Parade & Much More all in Downtown Worthington!!